RUN FREE

Bluetooth® Headphones

SOUL®

Compliance with FCC rules (U.S.A., only)
This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTICE

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, this is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, you are encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Consult the dealer or an experienced radio/TV technician for help.
- Connect the equipment to an outlet on a different circuit than the one to which the receiver is connected.

FCC WARNING

- Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.
- Proper connections must be used for connection to a host computer and/or peripherals in order to meet FCC emission limits.

CE products with CE marking comply with the EMC Directive (1999/5/EC). The complete Declaration of Conformity can be found at www.soulelectronics.com.

Safety Information

Please read this owner's and product guide
Reading this guide will ensure proper and safe use of your Soul® headphones. Follow all operation guidelines and adhere to all safety warnings and cautions.

⚠Warning

Use your headphones responsibly. Exposure to excessively loud noise can cause Noise Induced Hearing Loss (NIHL). "The loudness of sound is measured in units called decibels. For example, the humming of a refrigerator is 40 decibels, normal conversation is approximately 60 decibels, and city traffic noise can be 85 decibels. Sources of noise that can cause NIHL include motorcycles, firecrackers, and small firearms, all emitting sounds from 120 to 150 decibels. Long or repeated exposure to sounds at or above 85 decibels can cause hearing loss. The louder the sound, the shorter the time period before NIHL can occur. Sounds of less than 75 decibels, even after long exposure, are unlikely to cause hearing loss."

Source: http://www.drf.org . Additional information about preventing hearing damage may be found from The Consumer Electronics Association http://www.ce.org. World Health Organization http://www.who.int, Environmental Protection Agency http://epa.gov

Before plugging your Soul® headphones into your phone or multimedia device, make sure that the volume has been set to zero (0) and the power is off. Once you have turned on the device, increase the volume to a safe and comfortable level. Putting on your headphones and turning on at full volume may cause damage to your hearing.

Keep headphones out of reach of small children. These headphones are not a toy and could be harmful to small children.

Below is a chart to help you better understand the causes and effects of different sound levels. The noise levels are rated in dB (decibels)

Environmental Noise	Noise Level dB	Possible Effects of Exposure
Quiet Library	30 dB	No Effect - Normal
Normal Conversation	60 dB	Comfortable Hearing
City Traffic (inside car)	85 dB	Maximum Level before hearing damage begins. OSHA recommends no more than 8 hours of exposure to sound levels of 90 dB daily.
Power Saw at 3'	110 dB	Permanent Hearing Loss likely due to prolonged unprotected exposure.
Jet Engine at 100'	120 to 140 dB	At 125 dB the human ear begins to experience pain that can lead to permanent hearing loss even during short unprotected periods.

Sources: http://www.drf.org , The Consumer Electronics Association http://www.ce.org. World Health Organization http://www.who.int, Environmental Protection Agency http://epa.gov , and the Occupational Safety & Health Organization http://OSHA.gov

⚠ Caution

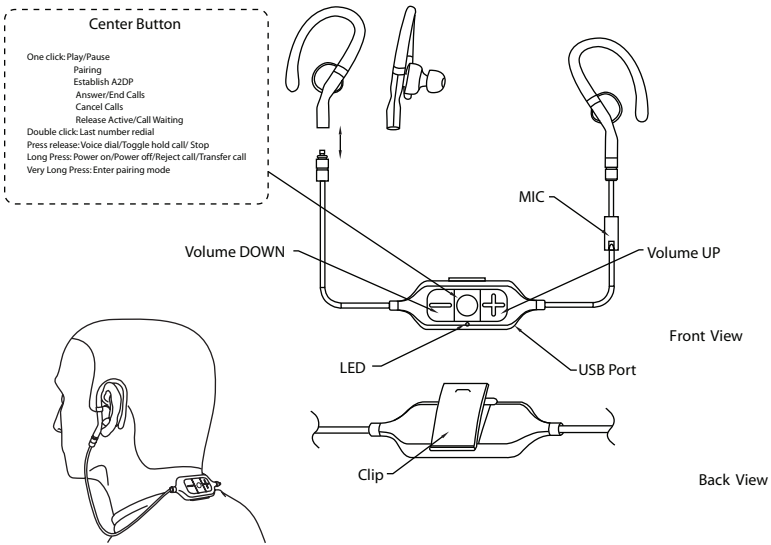
DO NOT operate any motor vehicle or heavy machinery while listening to or wearing your headphones. Doing so is not only dangerous to you or others but illegal in many states. Listening or wearing headphones reduces your ability to hear sounds around you such as emergency vehicle sirens or the horn from another motorist.

It is not recommended to use headphones when cycling, running or walking in heavy traffic areas where your full attention is necessary for your safety. Always use your headphones responsibly in every situation.

Safety Instructions

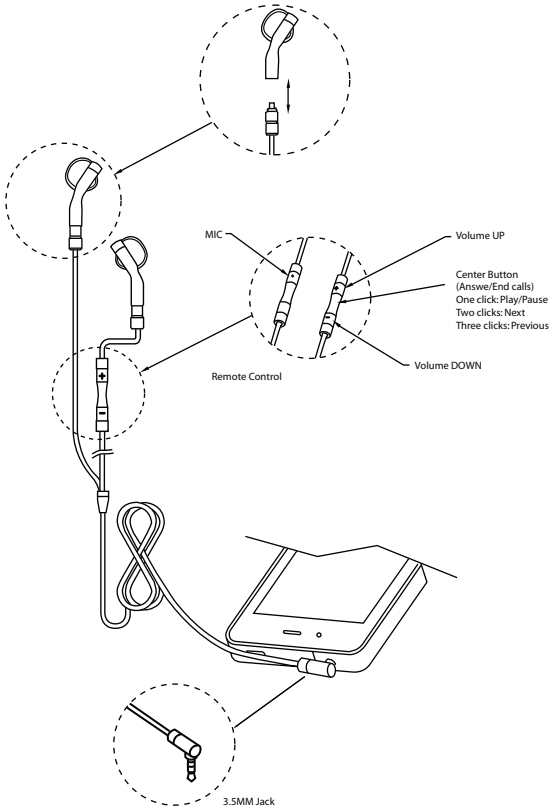
Read all instructions before using your headphones.
Always keep the instructions for future reference.
Adhere to all warnings, cautions and suggestions in this owner's and product guide.
Keep your headphones dry and prevent exposure to moisture or water.

Headphone Overview with Bluetooth® Dongle



(Figure 1)

Headphone Overview with Detachable Audio Cable and Apple® In-Line Controller



(Figure 2)

Package Contents and Accessories

1. Detachable Bluetooth® Dongle
2. Detachable Audio Cable with Apple® In-Line Controller
3. USB Charging Cable
4. Ear Tips (Small, Medium and Large)
5. Ear Hooks
6. Carry Case

Using Your Soul® "Run Free" Bluetooth® Headphones
Carefully remove your Soul® headphones and accessories from the protective packaging. Make sure that all parts listed under Package Contents are inside the box. If you are missing any parts please contact our customer support help line **(800) 566-7685.**

Proper Ear tip Selection
Your Soul® headphones include three pairs of ear tips. One pair is already installed on your headphones and there are two additional pairs inside the packaging. Proper fit of the headphones in your ears is essential for the best possible sound performance and comfort. Improper fit will not allow you to take full advantage of the sound quality. By selecting the correct set of ear tips you will create a proper seal for sound isolation from external noises. You will also be able to fully benefit from increased bass response and overall better sound.

Ear tip Replacement
Try the fit of the headphones with the tips already installed. If the headphones feel too loose, then replace the tips with the slightly larger tips provided. If they feel too tight replace with the smaller tips provided.

1. Firmly grip the portion of the right headphone with one hand.
2. Gently pull the ear tip from the right headphone. You may need to rotate back and forth for easy removal and to prevent damage to the existing tips. Repeat procedure for left headphone.
3. While holding the right headphone, gently insert the new ear tip onto the ear tip tube until it is firmly secured to the headphone. Repeat procedure for left headphone. Once again you may need to use a rotating back and forth motion to insert the ear tips on the headphone ear tip tube.

Ear tip Maintenance
It is recommended that you clean your ear tips on a regular basis. This will maintain the sound quality of your headphones so you can continue to enjoy your music and benefit from the full sound range. It is also important to clean your ear tips to maintain safe use. Gently remove the ear tips from the headphones. Wash with warm water and mild soap. Remove all dirt and earwax buildup. Rinse thoroughly with warm water. Dry using a soft cloth and let dry fully before placing back on your headphones.

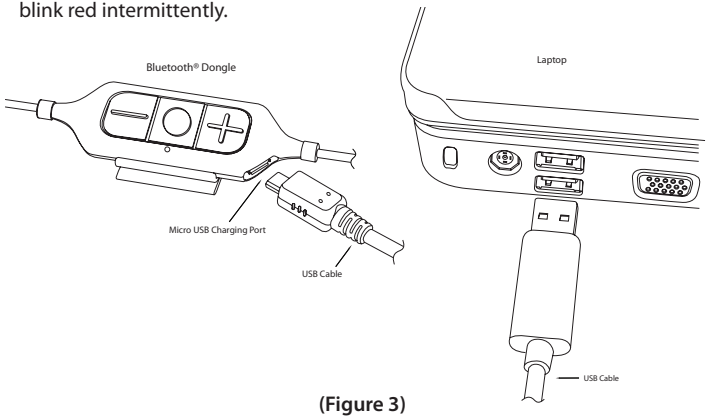
⚠ Caution
Never use any harsh cleaning agents.
Never clean ear tips while still on headphones. Water may damage the circuitry inside your headphones causing permanent damage.
Do not place the headphones in your ear if they are still wet.

Selecting Method for Using Your Soul® Headphones
Now that you have selected the proper ear tips it is time to plug in your headphones and begin enjoying your music the Soul® way. There are two ways to use your new "Run Free" headphones. The first is with the detachable wireless Bluetooth® Dongle and the second is with the straight audio cable with the Apple® in-line controller.

Using the Wireless Bluetooth® Dongle
Connect the ear buds **(Figure 1)** to the Bluetooth® dongle. Make sure that the connections have snapped in firmly. Next connect the ear hooks onto top portion of the ear buds. Note: The ear hooks are flexible and may be molded for custom fit of your ears.

Charging the Battery
Before using your wireless Bluetooth® device for the first time, you must charge the built in Lithium Ion rechargeable battery. It takes approximately 2 hours for a full charge. A fully charged battery should last approximately 6 hours of continuous use at moderate listening levels and up to 120 hours in standby mode.

1. Lift up the USB protective rubber flap on your Bluetooth® dongle.
2. Plug in the small end of USB cable into the port located on the Bluetooth® dongle (**Figure 3**). Plug in the opposite end of the USB cable into your computer. You may also use an optional USB travel AC adapter to charge your Bluetooth® device.
3. During the charging process the LED indicator on your Bluetooth® device will light red continuously. When the charge is completed it will blink red intermittently indicating that it is now on a trickle charge. Note: When the battery is low it will also blink red intermittently.



(Figure 3)

Pairing Your Bluetooth® Headphone with Phone or Media Player
Note: In order to listen to music or receive and make calls using the wireless Bluetooth® feature of your Soul® headphones, you will need to follow the steps below to pair (link) the two devices. Your Phone or media player must be Bluetooth® capable in order to link wirelessly to the "Run Free" Bluetooth® feature.

1. First make sure that your Soul® headphones are off and turn off any Bluetooth® devices that may have been previously paired with your headphones.
2. Turn on the Bluetooth® feature on your phone or media device.
3. Press and hold the Power/Pairing button "O" on your Bluetooth® dongle until the LED light indicator flashes white and red. **This will take approximately 4 to 6 seconds.**
4. Place your phone or media player in Bluetooth® search or scan mode.
5. Select "Run Free" from the list of devices. After selection your phone or media device will pair with your headphones. Once a connection has been achieved the LED light indicator will flash white once every 2 seconds confirming the connection between the two devices. You will also hear two tones during the pairing process.
6. If prompted for a "passcode" or "passkey" enter "0000".

Note: Your "Run Free" Bluetooth® headphones have an approximate operational range of 33 Feet (10 Meters) from your music or phone device.

You are now ready to listen to music on your media player or phone as well as make and answer calls on your phone. Below is a list of functions associated with the three buttons on your Bluetooth® dongle.

"Run Free" Bluetooth® Phone Control Functions

Function	Button	Action in Seconds	LED Indicator Light	Tone
Power On	O	Press for 4 seconds or until you hear a long tone	Flashes white twice then repeats	Single long tone
Power Off	O	Press for 4 seconds or until you hear a long tone	Flashes white then off	Single long tone
Answer Incoming Call	O	Press for 1 second or less	Flashes white twice then red once when call is connected	Twilight sound during ring - Short tone when connected
Reject Incoming Call	O	Press for 3 to 5 seconds		Single long tone
End Active Call	O	Press for 1 second or less	Flashes red once	Single short tone
Cancel Outgoing Call	O	Press for 1 second or less	Flashes red once	Single short tone
Last Number Redial	O	Press twice for 1 second ea.	Flashes white twice	Single Long Tone
Call Waiting*	O	Press for 2 to 3 seconds and release	None	None
Mute On/Off	+ and -	Press both + and – at the same time for 2 seconds to mute and un-mute	Flashes red once	Dual long tones every 2 seconds until mute is off
Placing Caller on Hold On/Off	O	Press for 2 to 3 seconds and release	None	None
Voice Dialing**	O	Press for 2 to 3 seconds and release	None	Single short tone
Volume Up	+	Press for 1 second per volume increase	None	None
Volume Down	-	Press for 1 second per volume decrease	None	None

*When answering an incoming call during an active call press the "O" button for 2 to 3 seconds and release. The first caller will be placed on hold and the new caller will become the active call. To switch back and forth between callers, press the "O" button for 2 to 3 seconds. To end the call with either caller press the "O" button for 1 second or less.

** Voice dialing may not be supported by all phone devices. This may vary depending on the Bluetooth® mobile phone.

"Run Free" Bluetooth® Media Player Control Functions

Function	Button	Action in Seconds	LED Indicator Light	Tone
Power On	O	Press for 4 seconds or until you hear a long tone	Flashes white twice then repeats	Single long tone
Power Off	O	Press for 4 seconds or until you hear a long tone	Flashes white then off	Single long tone
Play	O	Press for 1 second or less	Flashes white slowly	None
Pause	O	Press for 1 second or less	Flashes white every 2 seconds	None
Stop	O	Press for 1 to 3 seconds	Flashes white slowly	None
Next Track	+	Press for 3 to 5 seconds	None	None
Previous Track	-	Press for 3 to 5 seconds	None	None
Volume Up	+	Press for 1 second per volume increase	None	None
Volume Down	-	Press for 1 second per volume decrease	None	None

Note: If you receive a call while listening to music the song will pause. Once you have completed your call the music will resume automatically.

Using the Straight Audio Cable with Apple® In-Line Controller
Connect the ear buds **(Figure 2)** to the audio cables. Make sure that the connections have snapped in firmly. Next connect the ear hooks onto top portion of the ear buds.

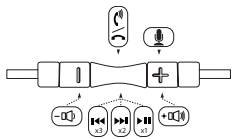
1. Place headphones in your ears. Note: the headphones have an "L" for Left and "R" for Right indicators on the inside bottom portion of your headphones closest to the audio cable. It is very important to insert the headphones correctly to get full sound benefit and enjoy your listening experience.
2. Make sure that the volume is all the way down to zero.
3. Turn your device off.
4. Plug the 1/8" (3.5mm) plug into the headphone jack of your phone or media player.
5. Power Up your device.
6. Select the music or movie you wish to hear or view.
7. Slowly increase the volume level until you find the safe and appropriate listening level for you.
8. Adjust the cord manager up and down until desired fit.

⚠ Caution

Use your headphones responsibly. Exposure to excessively loud noise can cause Noise Induced Hearing Loss (NIHL).

Never put headphones on when unit is at full volume as it may cause permanent damage.

Apple® In-Line Controller Function and Diagram



Controlling Phone Functions

1. **Answer/Hang Up** – During an incoming call press and release the center button to answer the call. Once you have completed your call press and release the center button again to hang up the phone.
2. **Call Rejection** – If you do not want to answer an incoming call you can hold the center button for approximately two seconds. You will hear two beeps once you release the button that indicates the call was rejected.
3. **Call Waiting** – During a call in progress you may answer another incoming call by pressing the center button. This will place the existing call on hold while you answer the incoming call. If you want to switch to the original call press the center button again. That will place the second caller on hold while you go back to your original call. You may repeat again to go back to second caller.
4. **Volume Control** - When you want to increase the volume of your iPhone® press the plus button (+) on you Apple® controller. Note: Make sure to increase volume slowly to prevent damage to your hearing. When you want to decrease the volume on your iPhone press the minus button (-) on your controller.

Controlling Music or Movie Functions

1. **Volume Control** – When you want to increase the volume of your iPhone®, iPod® or iPad® press plus button (+) on you Apple® controller. Note: Make sure to increase volume slowly to prevent damage to your hearing. When you want to decrease the volume press the minus button (-) on your controller.
2. **Play or Pause** – To play a song or video press and release the center button. To pause press and release the center button during song or movie. To resume again press and release center button.
3. **Skip** – To skip forward to the next song or chapter in a movie quickly press and release the center button twice. To return to the previous song or chapter in a movie quickly press and release the center button three times.
4. **Scan** – To scan forward during a song or movie press and release the center button then immediately press and hold the center button again. This will scan forward. Release the button once you have reached the point in the song or movie you are looking for. To scan backwards during a song or movie press and release the center button twice then immediately press and hold the center button again. Release the button once you have returned to the portion of the song or movie you are looking for.

Note: Not all functions may work on all models. Functionality will be determined by Apple® model.

Apple® Controller Compatibility Guide

The following Apple® models should have full functionality of the controller. iPhone 4S, iPhone 4, and iPhone 3Gs, iPad Wi-Fi and iPad 3G, iPod Touch 5th Generation, iPod Touch 4th Generation, iPod Touch 3rd Generation and iPod Touch 2nd Generation, iPod Nano 5th Generation and iPod Nano 4th Generation. **For none Apple® Android® or Blackberry® based models the controller functions may not fully work.**

Disconnecting Your Soul® Headphones

Once you have finished using your Soul® headphones disconnect from your device. Firmly hold your media or phone device. Pull the plug from the device by holding the plug. Store your headphones in the protective case to keep safe and clean. Always store the headphones in the case to prevent damage when not in use.

Trouble Shooting Guide during Bluetooth® Operation or Straight Audio Cable

Problem	Solution
No Sound	Check plugs; make sure they are plugged in all the way. Check volume level, increase volume if necessary. Check power, make sure device is on. Check Apple® in-line controller or Bluetooth® dongle. Press center button to insure it is not on pause. Check pairing connection with your phone or media player.
Low Volume Level	Make sure that the earphones create a proper seal. If necessary replace the ear tips for another size until a proper seal has been created. Increase the volume level on your device.
Only One Side Has Volume	Make sure that the plug has been inserted all the way into your device headphone jack.
Distorted Sound	Your Bluetooth® headphones operate on a 2.4 GHz frequency band. Other devices such as a wireless LAN, cordless phones, microwaves or other devices that operate within the same frequency could be causing interference. Move to an area further away from any of those devices. Make sure that you are within range (33 feet/10 meters) of the Bluetooth® device you are using.
Cannot Control the Music Functions from my Run Free Controller	Not all Bluetooth® phones or media players support AVRCP. Ensure that the Bluetooth® device paired with the "Run Free" headphone supports AVRCP. If your device does not you can control the functions directly from your phone or media player.
Red LED Indicator Light on Bluetooth Dongle is Flashing Red Intermittently	If the LED indicator is flashing red during operation it means that the built in battery is weak and requires charging.

Customer Service Number: 1-800-566-7685 (USA Only)

Product Registration Website: http://www.soulelectronics.com

Note: You must register your product for warranty

1 YEAR LIMITED WARRANTY

SIGNEO USA, LLC ("Company") warrants to the original retail purchaser of this product that should the product or any part thereof is proven defective in material or workmanship within 1 Year from the date of original purchase, such defect will be repaired or replaced, at the Company's option, without charge for parts or labor.

To obtain replacement within the terms of this warranty, the product should be delivered, transportation prepaid, to the Dealer where purchased or to the Company, along with proof of date of purchase. Call **1-800-566-7685** to obtain information regarding the procedure for proper return of your product, if your Dealer does not honor the warranty. **This warranty is valid in the USA only.**

THIS WARRANTY DOES NOT APPLY TO ANY PRODUCT OR PART THEREOF WHICH HAS BEEN DAMAGED THROUGH ALTERATION, CLEANING, MAINTENANCE, MISHANDLING, MISUSE, NEGLECT, ACCIDENT, EXTERNAL CAUSES, IMPROPER INSTALLATION OR UNAUTHORIZED REPAIR. THIS WARRANTY ONLY APPLIES TO NONCOMMERCIAL USE OF THIS PRODUCT AND IS NOT TRANSFERABLE OR ASSIGNABLE.

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This warranty gives you specific legal rights and you may also have other rights which vary from state to state, so some of the above limitations or exclusions may not apply to you.

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MADE IN CHINA

LITRUNFREE-1
VER.4/2012